

Manipulating the Microbiome to Treat Recurrent C. Diff

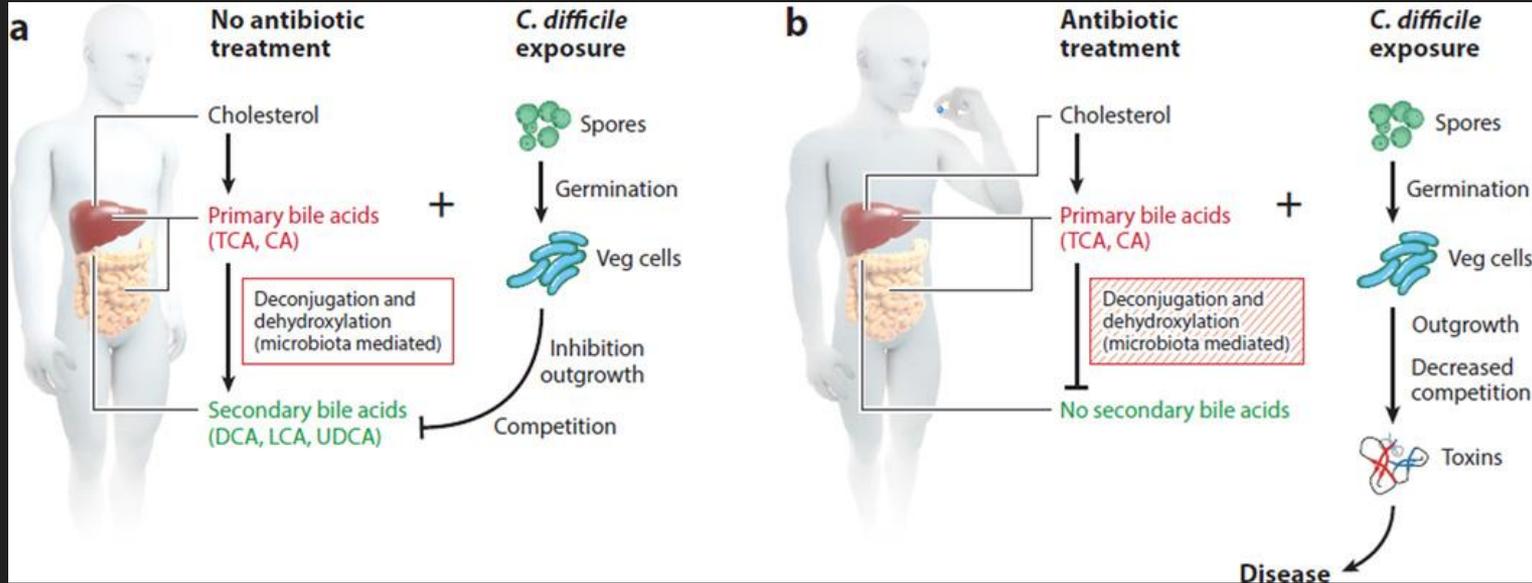
Novel Biotherapeutics

Katie Truitt, MD

Outline

- The role of the microbiome in *C. difficile* infection
- Fecal microbiota transplant (FMT) and live biotherapeutic products (LBP)
- Probiotics and *C. diff* prevention?

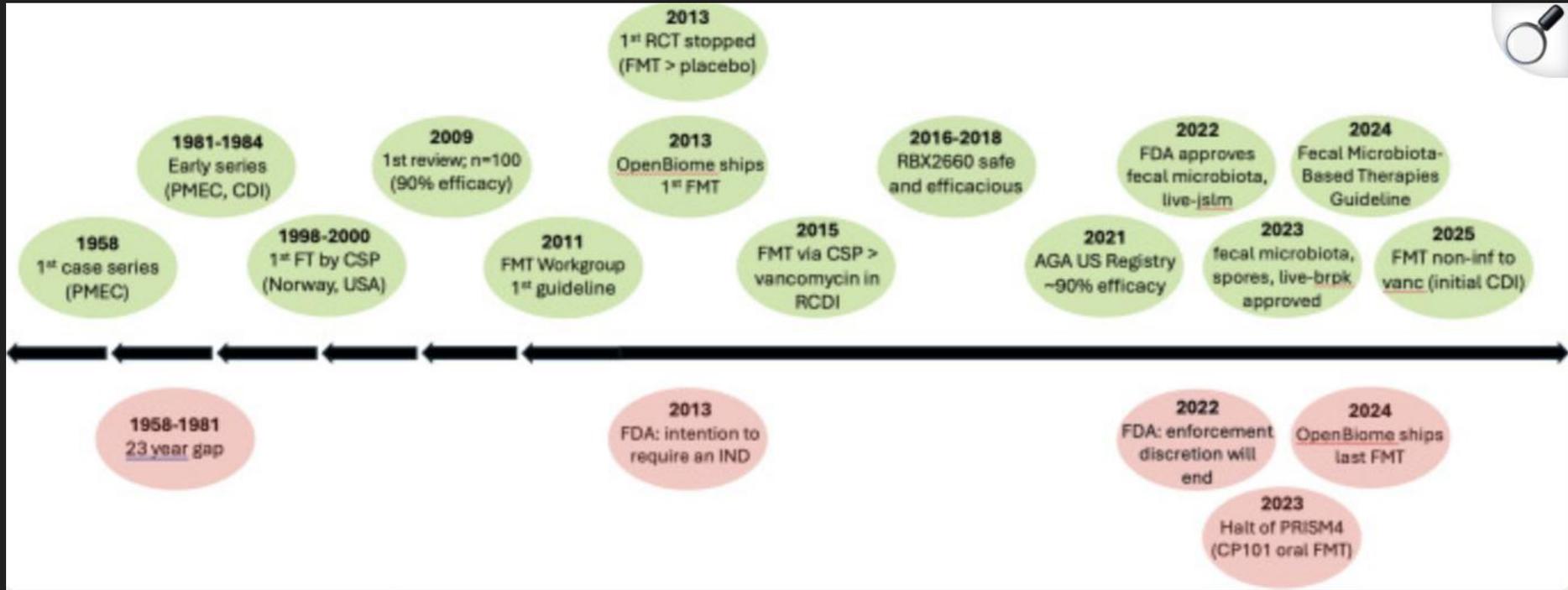
Pathophysiology



Therapeutic Options

- Traditional FMT-multiple modes of delivery, PO or colonoscopy preferred
- Rebyota (fecal microbiota, live-jslm; RBX2660)-enema
- VOWST (fecal microbiota spores, live-brpk, SER-109,)-capsules

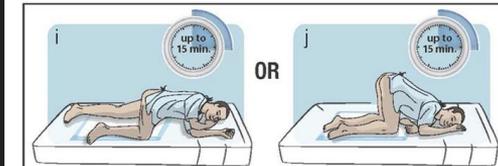
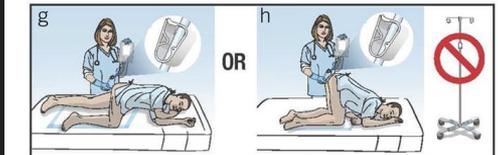
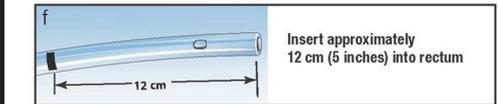
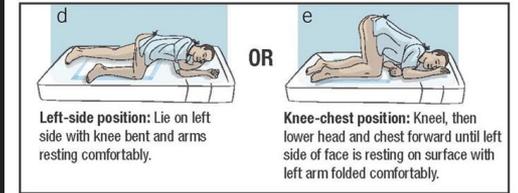
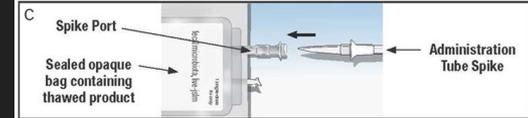
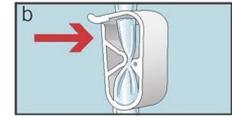
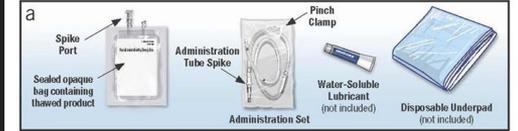
FMT



Miller CB, Bader GA, Kay CL. Fecal Microbiota Transplantation in 2025: Two Steps Forward, One Step Back. *Curr Gastroenterol Rep*. 2026 Jan 14;28(1):5. doi: 10.1007/s11894-025-01030-1. PMID: 41530607; PMCID: PMC12799677.

Rebyota

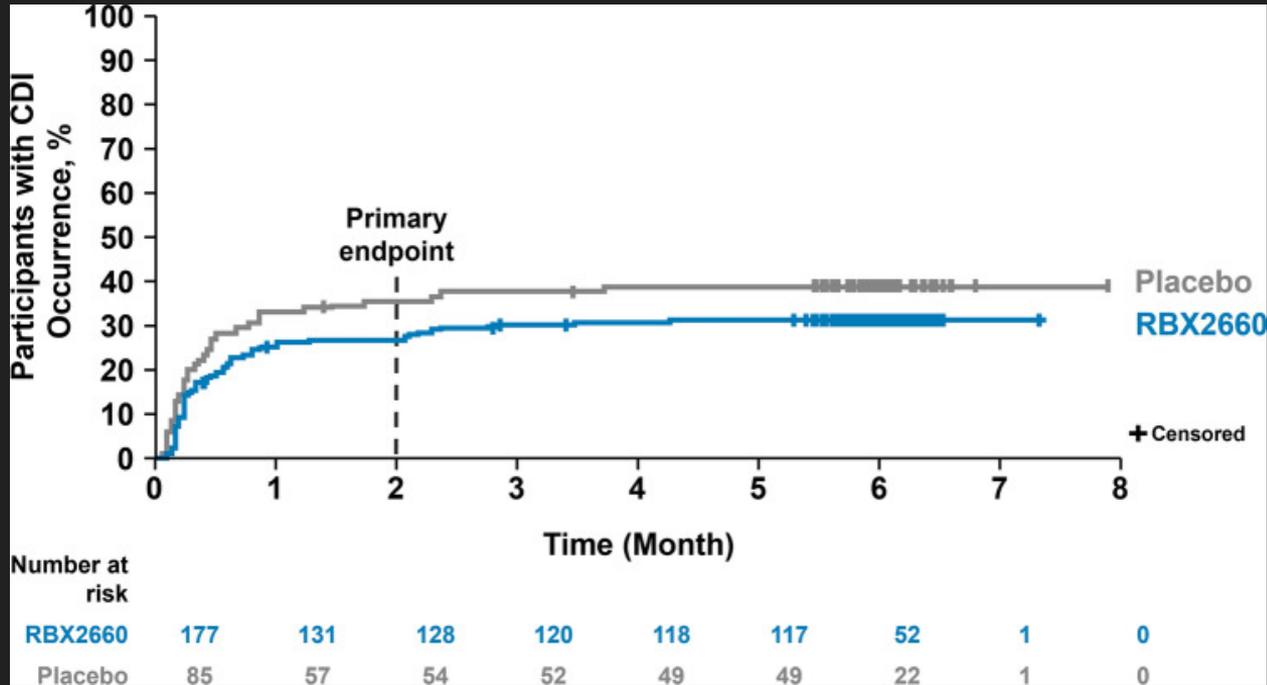
- Each dose from single, traceable donor
- After first recurrence of *C. diff*
- After completion of antibiotics with 24-72 hr washout
- Patients with IBD were included in open-label trial
- Contraindicated in severe neutropenia
- Off-label in fulminant *C. diff*



Oneto, Caterina MD1; Khanna, Sahil MBBS, MS, FACG2. Prescription Microbiome Therapeutic for Recurrent *Clostridioides difficile* Infection: Fecal Microbiota Live-*jslm*. The American Journal of Gastroenterology 119(1S):p S16-S21, January 2024. | DOI: 10.14309/ajg.0000000000002577

Kelly, Colleen R. MD, AGAF, FACG1; Fischer, Monika MD, MSc, AGAF, FACG2; Allegretti, Jessica R. MD, MPH, FACG3; LaPlante, Kerry PharmD, FCCP, FIDSA4; Stewart, David B. MD, FACS, FASCRS5; Limketkai, Berkeley N. MD, PhD, FACG (GRADE Methodologist)6; Stollman, Neil H. MD, FACG7. ACG Clinical Guidelines: Prevention, Diagnosis, and Treatment of *Clostridioides difficile* Infections. The American Journal of Gastroenterology 116(6):p 1124-1147, June 2021. | DOI: 10.14309/ajg.0000000000001278

PUNCH CD3

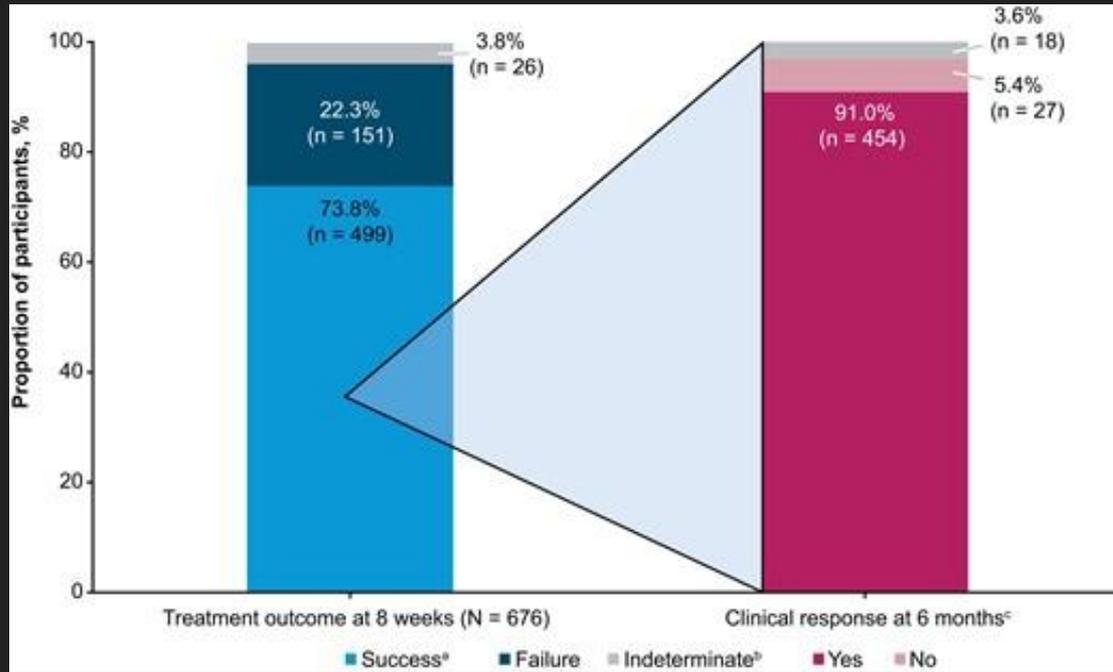


Khanna S, Assi M, Lee C, Yoho D, Louie T, Knapple W, Aguilar H, Garcia-Diaz J, Wang GP, Berry SM, Marion J, Su X, Braun T, Bancke L, Feuerstadt P. Efficacy and Safety of RBX2660 in PUNCH CD3, a Phase III, Randomized, Double-Blind, Placebo-Controlled Trial with a Bayesian Primary Analysis for the Prevention of Recurrent *Clostridioides difficile* Infection. *Drugs*. 2022 Oct;82(15):1527-1538. doi: 10.1007/s40265-022-01797-x. Epub 2022 Oct 26. Erratum in: *Drugs*. 2022 Oct;82(15):1539. doi: 10.1007/s40265-022-01805-0. PMID: 36287379; PMCID: PMC9607700.

PUNCH CD3

- >90% who achieved treatment success at 8 weeks had **sustained response** at 6 months (RBX2660 and placebo)
- In post hoc analysis of those with **first recurrence**, probability of treatment success was 88% with RBX2660 and 60% with placebo
- Success with second treatment:
 - 24 failed placebo -> 62.5% with treatment success within 8 weeks -> 100% sustained @ 6 months
 - 41 failed RBX2660 -> 53.7% treatment success at 8 weeks -> 86% sustained response

PUNCH CD3: OLS



Paul Feuerstadt, Teena Chopra, Whitfield Knapple, Nicholas W Van Hise, Erik R Dubberke, Brian Baggott, Beth Guthmueller, Lindy Bancke, Michael Gamborg, Theodore S Steiner, Daniel Van Handel, Sahil Khanna, PUNCH CD3-OLS: A Phase 3 Prospective Observational Cohort Study to Evaluate the Safety and Efficacy of Fecal Microbiota, Live-jslm (REBYOTA) in Adults With Recurrent *Clostridioides difficile* Infection, *Clinical Infectious Diseases*, Volume 80, Issue 1, 15 January 2025, Pages 43–51,

PUNCH CD3: OLS

Table 1.
Baseline Demographics, Characteristics, and Disposition (Safety Population)

Characteristic	RBL (N = 697)
Age ≥65 y	338 (48.5)
Sex, female	487 (69.9)
Race, White	654 (93.8)
No. of previous CDI episodes ^{a,b}	
2	186 (26.7)
3	268 (38.5)
≥4	239 (34.3)
Enrolling diagnostic test ^c	
PCR	432 (62.0)
EIA	75 (10.8)
GDH	50 (7.2)
Other ^d	65 (9.3)
Most recent antibiotic received	
Vancomycin	590 (84.6)
Fidaxomicin	99 (14.2)
Rifaximin	7 (1.0)

Charlson Comorbidity Index	
<3	329 (47.2)
≥3	368 (52.8)
GI comorbidities	
Ulcerative colitis	45 (6.5)
Crohn's disease	25 (3.6)
IBD (unspecified) ^e	4 (0.6)
IBS	97 (13.9)
GERD	288 (41.3)
Renal and urinary comorbidities	
CKD	74 (10.6)
Chronic urinary tract infections	61 (8.8)
Mild-to-moderate immunocompromising conditions ^f	
Malignant tumors	42 (6.0)
Other medical history ^g	19 (2.7)
Concomitant immunocompromising medications ^{f,h}	
Corticosteroids	23 (3.3)
Noncorticosteroids	92 (13.2)

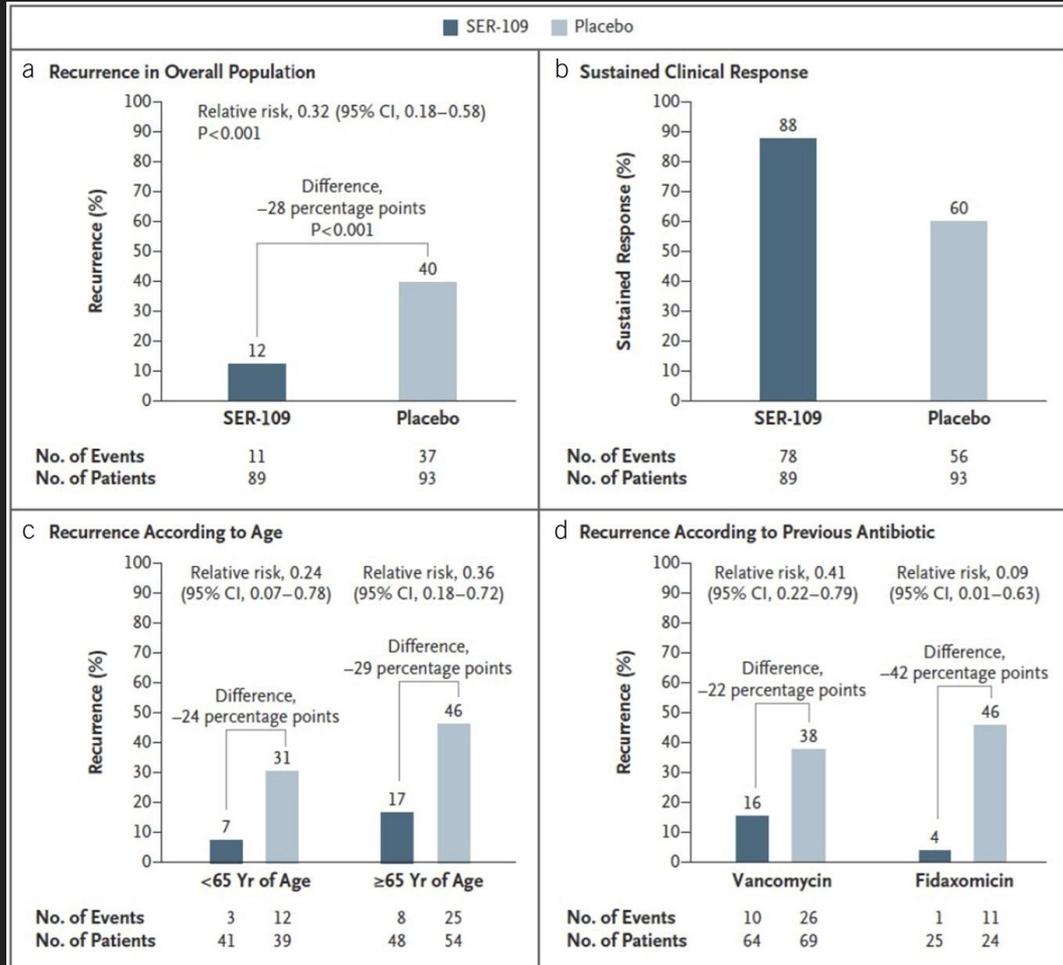
PUNCH CD3: OLS

Adverse Event	Within 8 Weeks (N = 697)	8 Weeks to 6 Months (N = 697)
	Events/Participants (% of Participants)	
Gastrointestinal disorders	411/205 (29.4)	82/51 (7.3)
Diarrhea	95/85 (12.2)	21/19 (2.7)
Abdominal pain	78/70 (10.0)	10/10 (1.4)
Nausea	44/41 (5.9)	5/5 (0.7)
Abdominal distension	46/38 (5.5)	2/2 (0.3)
Infections ^a	78/71 (10.2)	86/68 (9.8)
General disorders ^b	44/36 (5.2)	10/8 (1.1)
Investigations ^c	49/35 (5.0)	5/5 (0.7)

Vowst

- Isolated Firmicutes spores from single donor
- Capsule formulation, 4 capsules daily 3 days, 2-4 days after completing antibiotics
 - Clean out with 10 ounces of Magnesium citrate day prior or 8 hours prior after 8 hour fast
- Approved for recurrent c. diff (2+ total episodes)

ECOSPOR III



Feuerstadt P, Louie TJ, Lashner B, Wang EEL, Diao L, Bryant JA, Sims M, Kraft CS, Cohen SH, Berenson CS, Korman LY, Ford CB, Litcofsky KD, Lombardo MJ, Wortman JR, Wu H, Auniš JG, McChalicher CWJ, Winkler JA, McGovern BH, Trucksis M, Henn MR, von Moltke L. SER-109, an Oral Microbiome Therapy for Recurrent Clostridioides difficile Infection. *N Engl J Med.* 2022 Jan 20;386(3):220-229. doi: 10.1056/NEJMoa2106516. PMID: 35045228.

Feuerstadt, Paul MD, FACG1,2; LaPlante, Kerry L. PharmD3,4. Efficacy and Practical Implementation of Fecal Microbiota Spores, Live-BRPK: A Novel Approach for Preventing Recurrent Clostridioides difficile Infection. *The American Journal of Gastroenterology* 119(1S):p S22-S26, January 2024. | DOI: 10.14309/ajg.0000000000002582

ECOSPOR IV

- Patients who failed placebo in Ecospor III (29) and group recruited for open label study (234)
- Patients with IBD remain excluded
- Added in those with first recurrence: 6.5% recurrence rate after treatment
- Overall recurrence rates were 8.7% at 8 weeks with 13.7% recurring at 24 weeks
- Similar safety to Ecospor III with GI symptoms but without serious adverse events

Sims MD, Khanna S, Feuerstadt P, et al. Safety and Tolerability of SER-109 as an Investigational Microbiome Therapeutic in Adults With Recurrent *Clostridioides difficile* Infection: A Phase 3, Open-Label, Single-Arm Trial. *JAMA Netw Open*. 2023;6(2):e2255758. doi:10.1001/jamanetworkopen.2022.55758

Aside on Probiotics

- ACG recommends against probiotics for prevention of primary and recurrent *C. difficile*
- AGA conditionally recommends certain strains of probiotics to prevent recurrence of *c. difficile*
- PLACIDE trial: no benefit of probiotics in preventing antibiotic associated CDI
- Overall, not recommended

Weingarden, Alexa R. MD, PhD1; Ko, Cynthia W. MD, MS2. Non-prescription Therapeutics. The American Journal of Gastroenterology 119(1S):p S7-S15, January 2024. | DOI: 10.14309/ajg.000000000000257

Allen SJ, Wareham K, Wang D, Bradley C, Sewell B, Hutchings H, Harris W, Dhar A, Brown H, Foden A, Gravenor MB, Mack D, Phillips CJ. A high-dose preparation of lactobacilli and bifidobacteria in the prevention of antibiotic-associated and Clostridium difficile diarrhoea in older people admitted to hospital: a multicentre, randomised, double-blind, placebo-controlled, parallel arm trial (PLACIDE). Health Technol Assess. 2013 Dec;17(57):1-140. doi: 10.3310/hta17570. PMID: 24309198; PMCID: PMC4781647.

AGA Guidelines

- Prevention with fecal microbiota–based therapies can be considered in patients after the second recurrence (third episode) of CDI or in select patients at high risk of either recurrent CDI or a morbid CDI recurrence.
- In mildly or moderately immunocompromised adults with recurrent *C difficile* infection, the AGA suggests the use of conventional fecal microbiota transplant upon completion of standard of care antibiotics over no fecal microbiota transplant. *Insufficient data to recommend fecal microbiota spores live-brpk or fecal microbiota live-jslm*
- In severely immunocompromised adults with recurrent *C difficile* infection, the AGA suggests against the use of fecal microbiota–based therapies
- **In adults hospitalized with severe or fulminant *C difficile* infection not responding to antimicrobial therapy, the AGA suggests the use of conventional fecal microbiota transplant over no fecal microbiota transplant**

AGA Clinical Practice Guideline on Fecal Microbiota–Based Therapies for Select Gastrointestinal Diseases

AGA Clinical Guidelines Committee et al.

Gastroenterology, Volume 166, Issue 3, 409 - 434

ACG Guidelines

- We recommend patients experiencing their second or further recurrence of CDI be treated with FMT
- We suggest FMT be considered for patients with severe and fulminant CDI refractory to antibiotic therapy, in particular, when patients are deemed poor surgical candidates
- We recommend FMT be delivered through colonoscopy or capsules for treatment of rCDI
- We suggest repeat FMT for patients experiencing a recurrence of CDI within 8 weeks of an initial FMT
- Recommend “considering” FMT for patients with IBD and recurrent *c. diff*

Take Home Points

- Traditional FMT is difficult to obtain
- Consider VOWST or Rebyota after second recurrence of C. diff (and maybe after first recurrence, better data for Rebyota)
- Data for Rebyota > VOWST for recurrent C. diff in IBD
- How to order: search “VOWST” or “Rebyota” in orders in Epic